

RANDY HARNEY, MSc.

EDUCATION

- Master of Science, Exercise Science, Northern Michigan University, 1998
- Matheson Certified Work Capacity Evaluator, 2019
- Practicing Member with the BC Association of Kinesiologists, 2014

PROFESSIONAL DEVELOPMENT/TRAINING

- Functional/Work Capacity Evaluation Re-Certification (FCE), Christina T. Howe, OTR/L CWCE, 2022
- Job-matching, How Rapid Advances in Wearable Technologies and AI impact physical demands analysis and functional capacity evaluation data, Steven Fischer, PhD, RKin, 2022
- Cognitive Functional Capacity Evaluation, Tania L. M. Percy, BSc. O.T., Reg OT, B.A., 2021
- Scoliosis and the Biomechanical Considerations for Exercise Prescription, Andrea Mendoza, BSc MPT, 2021
- Ergonomic Design for Home Offices, Pam Grills, CCPE, MSc., 2021
- ICBC: Delivery of Kinesiology Services, Cathy Schurmans, Wayne Tang, 2021
- Office Ergonomics Certification, CCOHS, Anne Tennier, 2021
- Enhanced Care for Kinesiologists, Kirstin Ryznar, 2021
- ICBC Health Webinar, Kirstin Ryznar, 2021
- Stress and Chronic Disease, Dr. Michael Gaetz, 2019
- The Value of Trauma Informed Care, Jody Al-Molky, 2019
- How to handle ICBC changes in your practice, Katie Hogg, 2019
- Exercise Prescription for Respiratory Diseases, Dr. Joel Chen, 2019
- The Role of Leaders in Creating Psychologically Healthy Workplaces An Update, C Loughlin, Ph.D, 2018
- Psychosocial Work Environment and Risk of Stroke, Eleonor Fransson, PhD, 2018
- Unemployment, [Re]employment, and Wellbeing, Mark Bryan PhD, 2018
- Examining the Current Evidence Around the Early Use of Opioids After Work-Related Low Back Injuries and Work Outcomes, Nancy Carnide PhD, 2018
- Functional Capacity Evaluation Certification (FCE), Christina T. Howe, OTR/L CWCE, 2017

RELEVANT WORK EXPERIENCE

Island Health: 2022 to present

Practicing Kinesiologist

- Ergonomic Consultant

Community Therapists, Inc.: 2021 to Present

Practicing Kinesiologist

- WorkSafeBC Return to Work Support Services Provider
- WorkSafeBC Job Demands Analysis

Cornerstone Kinesiology: 2017 to present

Practicing Kinesiologist

- Functional Capacity Evaluator
- Job Demands Analysis Service Provider
- Active Rehabilitation Service Provider

Re: Function Health Group, Inc.: 2017 to 2021

Practicing Kinesiologist

- WorkSafeBC Return to Work Support Services
- Functional Capacity Evaluation
- WorkSafeBC Job Demands Analysis
- Active Rehabilitation

Parkway Physiotherapy and Performance Centre: 2014 to 2017

Practicing Kinesiologist

- WorkSafeBC Job Demands Analyses and Functional Assessment
- ICBC Injury Rehabilitation
- Fire Rescue Annual Fitness Assessments
- Fire Rescue Return to Work Assessments
- Gait Analysis and Gait Rehabilitation
- Concussion Rehabilitation

DEMONSTRATED COMPETENCIES

Functional Capacity Evaluation:

- Experience using standardized, evidenced based functional testing equipment
- Able to use job demand task analysis to develop meaningful and specific work simulation work circuits to incorporate in functional testing
- Able to interpret functional test measures and forecast return to work capacity
- Able to identify functional need for temporary task modifications or permanent accommodations during return-to-work planning
- Matheson Certified Functional Capacity Evaluator
- Completed over 120 Functional Capacity Evaluations
- Completed Cognitive Functional Capacity Evaluation Course

Return-To-Work Planning and Implementation:

- Able to coordinate and lead return to work meetings with involved stakeholders
- Able to effectively communicate with stakeholders to identify return to work plans, identify accountabilities of parties within the plan, develop consensus to execute the plan, and to address issues while monitoring the plan
- Able to identify and measure job demands
- Able to use task analysis and functional analysis to develop a return-to-work plan and grade exposure rates to work tasks within the plan specific to injured workers' needs
- Able to identify temporary/permanent task modifications and/or accommodations necessary for an injured worker and implement them or eventually remove them in the return-to-work plan
- Able to effectively write reports outlining specifics of job demands and return to work plans

Active Rehabilitation:

- Able to assess the client and develop a treatment plan for recovery from motor vehicle collisions and occupational injuries
- Able to provide progressive rehabilitative exercise based on the client's adaptation to the tasks and the client's treatment goals
- Able to prescribe active rehabilitation for return to work and return to activities of daily living
- Able to prescribe cardiovascular rehabilitation for return to work and return to activities of daily living

Ergonomic Evaluation:

- Able to perform Ergonomic assessments in healthcare and office work settings
- Able to recommend ergonomic equipment and follow-up for implementation and set up.